The Long One That Gets Faster

Music: Cock Of The North.

Sticks: Long, held in right hand and resting on right shoulder.

Formation: 6 dancers in one long line, with couples facing each other up and down the line:

 $MUSO \quad 1 \rightarrow \leftarrow 2 \quad 3 \rightarrow \leftarrow 4 \quad 5 \rightarrow \leftarrow 6$

Start: 2 notes and in to the figure.

Figure: $(2 \times A \text{ music})$ "reel of 6" – start by passing right shoulders, then alternate left and right shoulders. As you get to the end of the set, turn around to your right, then go back into the set passing right shoulders again. Half way through (i.e. after 1 A music) you will be in the "opposite" position, like so:

MUSO $6 \rightarrow \leftarrow 5 \quad 4 \rightarrow \leftarrow 3 \quad 2 \rightarrow \leftarrow 1$

At this point, doff your cap to your partner, then do the 2^{nd} half.

Sticking: (1 x B music) hold stick with both hands, caper right foot to left foot to right foot and so on, at the same time clash stick with partner (right to left, left to right, right to left and so on).

Note: starts at a slow walking pace, gets a little faster at the start of each B music (sticking), continues until number 1 calls out to finish.

Yankee Doodle

Music: Yankee Doodle

Sticks: Short, held loosely in right hand.

Formation: 2 lines facing each other for as many as will.

Start: Short intro.

Sticking (between each of the other figures): (1 x A music) clash with partner in "1 and 2 and 1 2 3 and" rhythm 4 times.

Cross Over: (1 x B music) Turn 45° to the right and head across and out of the set following the diagonal and passing your partner by left shoulders (4 steps). Turn around (to the right), head back to your partner, link left elbows and twirl.

Cast Out From The Top: (1 x B music) tops turn out, head down the outside of the set, turn in, head up the middle "doing Dick van Dyck". All others follow.

Cast Out From The Bottom: as above, but start from the other end.

Double Cast Off: (as many B's as needed): tops lead the set off in 2 parallel lines.

Note: number 1 will call the above figures in any order any number of times with sticking between each figure and ending with Double Cast Off.

My Friend Billy

Music: Not For Joe

Sticks: Long, held in right hand and resting on right shoulder.

Formation: 2 lines of 4 facing each other.

Start: Sing the song then go into sticking:

"Oh my friend Billy had a 10 foot willy And he showed it to the girl next door. She thought it was a snake, so she hit it with a rake, And now it's only 4 foot 4."

Sticking: (2 x A music) Soft Sticking and Hard Sticking. Soft Sticking for 1 A music – standing on the spot gently tap partner's stick in a "1 and 2 and 1 2 3 and" rhythm 4 times. Hard Sticking for 1 A music – the same but clash hard.

Cross Over: (2 x B music) All face up. Cross over to other side of the set (those going left to right go in front). Dance on the spot there until half way through the B music, then cross back and dance on the spot. Repeat that for 2^{nd} B music.

Sticking: As above.

Cuddles: (2 x B music) put stick in left hand, grab your partner around the middle with your right arm and circle around for a whole B music. Then turn around, put your stick back in your right hand, grab your partner with your left arm, and circle back for a B music.

Sticking: As above.

Stars: (2 x B music) done as 2 lots of 4. Put stick in left hand, grab next person's right wrist with your right hand, circle around for 1 B music. Turn around, put stick back in right hand, grab next person's left wrist with left hand and circle back.

Sticking: As above.

Cross Over: As above.

Sticking: As above. End with sticks held aloft.

Upton Stick Dance

Music: British Grenadiers

Sticks: Long, held in right hand and resting on right shoulder.

Formation: 2 lines of 3 facing each other.

Start: Sing the song then go into rounds:

"Oh I'm a little tea pot short and stout, Here's my handle, here's my spout, Hear me whistle, hear me shout, Tip me up and pour me out."

Rounds: (1 x A music – 16 bars) step in, step back, then around a large circle.

Sticking: (1 x B music) standing on the spot, clash tips (right to left) and butts (left to right) and tips and butts, etc, and with a quick tips, butts, tips.

Back To Back: (1 x A music) back to back with partner, right shoulders first time, then left shoulders.

Sticking:

Tree Tops Left: (1 x A music) middles turn to their left and pass through the middle of the pair they are facing (either top or bottom). Proceed to do reel of three with that pair.

Sticking:

Tree Tops Right: (1 x A music) middles turn to their right then proceed as above.

Sticking:

Hey On The Side: (1 x A music) reel of three on each side of the set, ends going in.

Sticking:

Rounds:

Sticking: end with sticks raised.

Spotty Dogging

Music: Chicken On A Gate (??) + Fanny Frail

Sticks: Short, held loosely in right hand. Hanky held in left hand.

Formation: 2 lines facing each other for as many as will.

Start: "Adopt the position!" left arm and right leg raised.

On The Spot: (1 x A music) keep alternating feet and hands, dancing on the spot.

Cross Over: (1 x A music) same stepping, but change places with your partner, passing right shoulder.

Sticking: (1 x B music) those on muso's right present (stick held at one end near groin, other end raised at 45° angle). Others bash (keep alternating feet, while stick arm clashes in a "1 and 2 and 1 2 3 and" rhythm). This is actually pretty tricky. Sorry.

Note: repeat the above sequence until number 1 gets sick of it and calls Rounds.

Rounds: Form a large circle and dance around it (clockwise) with same stepping and hand movements as On The Spot. Sing Fanny Frail:

"Farewell, farewell, farewell my Fanny Frail. La-dee-da-dee-da-dee, La-dee-da-dee-da-dee, Singing Polly Wolly doodle all the day!"

Repeat, follow the squire off.

Tyler's 8

Music: Brighton Camp (quick!)

Sticks: Long, held diagonally across the chest – right hand up.

Formation: 2 lines of 4 facing each other.

Start: Sing the song then go into Cross Over:

"Down by the station, early in the morning, See the Puffing Billy's all in a row, See the engine driver turn his little handle, Huffy puffy choo choo and off we go!"

Stepping Throughout: left, right, left, jump together.

Cross Over: (1 x A music) stepping over to the other side of the set passing right shoulder, turn (right shoulder) and cross back. Repeat.

Safe Sticking: (1 x B music) Squire's side hands sticks to partners, they clash. Both sticks are handed back to Squire's side, Squire's side clash. Repeat.

Tops Down The Middle: (2 x A music) top couple does the stepping down the middle of the set, turns (right shoulder), steps back to place. Then the top 2 couples do this, then the top 3, then all 4.

Safe Sticking:

Bottoms Up The Middle: (2 x A music) bottom couple does the stepping up the middle of the set, turns (right shoulder), steps back to place. Then the bottom 2 couples do this, then the bottom 3, then all 4.

Safe Sticking:

Tops Down The Outside: (1 x A music) top couple does the stepping down the outside of the set. Just as they are jumping into the last couple's spot, the other 3 couples jump one spot up the step, shouting "Ay up!" to get out of the way. 2^{nd} , 3^{rd} and 4^{th} couples repeat.

Safe Sticking:

Bottoms Up The Outside: as above, but start at the other end.

Safe Sticking:

Cross Over:

Rounds: (1 x A music) for a circle, do the stepping clockwise around the circle, turning (right shoulder) on the jump, stepping back (anticlockwise) around the circle, turning (right shoulder) on the jump, around the circle (clockwise) again, then scatter in to the crowd.